



# Insurance

Medicare

Cen-Cal

SLO Select IPA

Blue Cross of California PPO/HMO

Blue Shield PPO/HMO

United Healthcare – Includes Pacificare

Tricare – Champus

Anthem Blue Cross

Blue Shield of California PPO-HMO

CCPN- includes Secure Horizons

Midcoast IPA

**Please Note-** All HMO Insurances REQUIRE a referral from your Primary Doctor and Authorization from the insurance company before scheduling appointments. Insurance plans and coverage continually changing: if you have questions regarding our coverage with your plan, or if you do not see your plan on this list please contact us.